Adolescence Education Programme(Gender sensitisation)

Adolescence Education is guided by the National Curriculum Framework (NCF)2005, which recommends that education should instil ‘independence of thought and action’, sensitivity to other’s wellbeing and feelings, learning to respond to new situations in a flexible and creative manner. It enables children to understand their duties towards their family, society, country and social environment. Though adolescence age brings many physical and mental changes that put a challenge not only for a child but for the people around him also. Based on these studies and guided by NCF 2005 AEP aims to provide young people with accurate , age specific and culturally relevant information, promote healthy attitude and develop skills to enable them to respond to real life situations effectively.

Keeping these views in mind ,our vidyalaya has made an yearlong programme to conduct many sessions for the girls and boys of classes VI-XI.

The session related to gender sensitisation was taken up by the nodal teachers. In this session children of class VIII and IX were enlightened about the issues and stereotypes attached with gender. Children actively participated in discussions ,debate and expressed their views on case studies. The session made it clear that gender is a concept made by society. It was satisfying to see that both boys and girls were open to the idea that there shouldn’t be any gender bias or stereotypes affixed with any child. It’s a healthy sign for our society that adolescents have an open mind about gender equality, free and fair opportunities for both male and female child. The session helped the children to understand the changes that were taking place in them and affecting them. The programme gave them confidence and strength to develop their personality and a positive attitude.